



Issaquah Trails

Legend

- Trails**
- regional, paved
 - regional, unpaved
 - natural, paved
 - natural, unpaved
 - urban shared-use, paved
 - urban shared-use, unpaved
 - urban pedestrian, paved
 - urban pedestrian, unpaved

- Trail Features**
- 📍 trailhead
 - 🅑🅖 trailhead with parking
 - 🅑🅖 other trail-user parking
 - 🅑🅖 Discover Pass required for vehicle access
 - 🚣 Lakes-to-locks Water Trail non-motorized boat launch
 - 🚻 restroom
 - 📍 point of interest
 - 📍 viewpoint
 - 🪂 hang-gliding/paragliding
 - 📍 hitching post
 - 🚶 footbridge

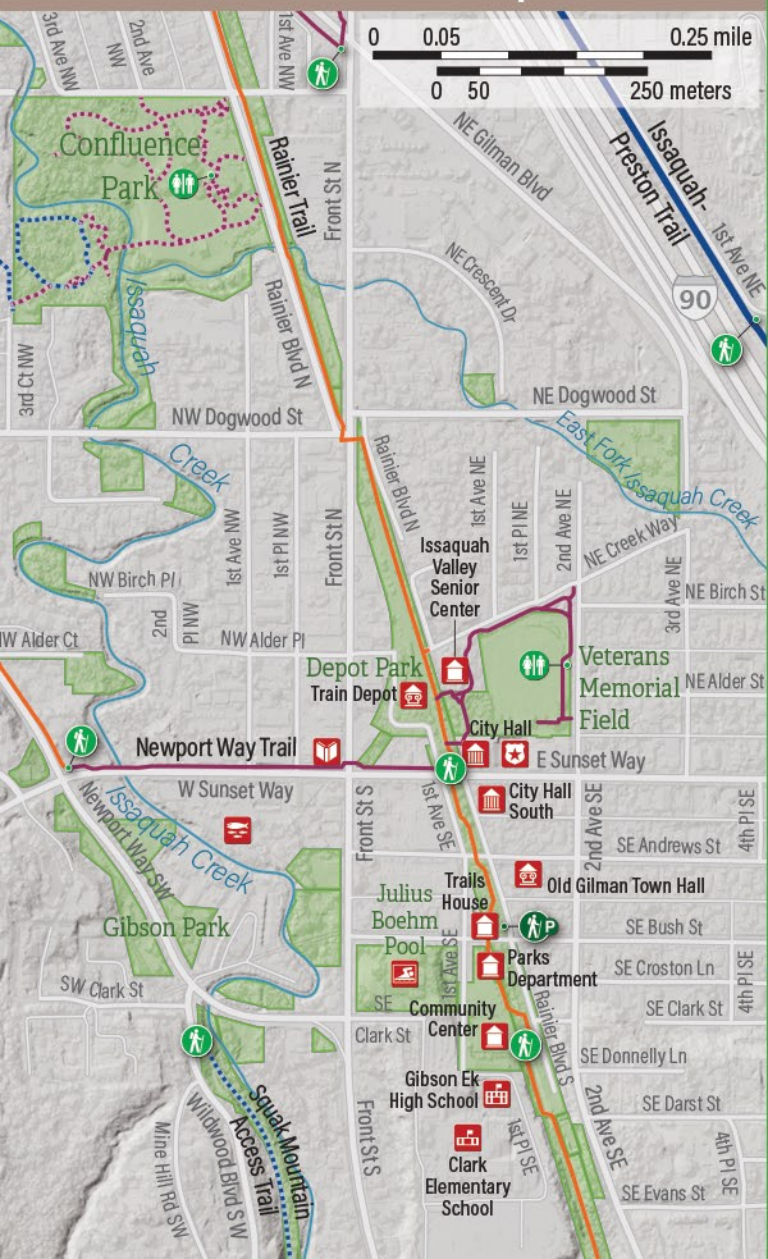
- Civic Features**
- 🐟 fish hatchery
 - 🏥 hospital
 - 📖 library
 - 🏛 municipal building
 - 🏛 museum
 - 🚓 police station
 - 📮 post office
 - 🏫 elementary school
 - 🏫 junior high or middle school
 - 🏫 high school
 - 🏊 swimming pool
 - 🦒 zoo
 - 🚊 transit center
 - 🅑🅖 park & ride
 - 🏫 other public building

- Parks and Open Space**
- 🌿 City of Issaquah
 - 🌿 King County
 - 🌿 Washington State
 - 🌿 other city
 - 🌿 private
- Streets**
- freeway
 - arterial street
 - local street
 - access, private, or unnamed roadway
- Elevations**
- 📍 peak
 - 100-foot interval isoline
 - 500-foot interval isoline

Issaquah Vicinity



Downtown Issaquah



Map data: City of Issaquah Geographic Information Systems and King County GIS. Cartography: King County GIS Center. © 2017 City of Issaquah, Washington

DISCLAIMER: Trail names and other data are for informational purposes and have not been prepared for use as a basis for legal, surveying, or engineering purposes. Users of this information should review or consult the primary data and information sources to ascertain the usability of the information. The City of Issaquah makes no warranty or guarantee as to the correct, accuracy, timeliness, or completeness of any of the data provided, and assumes no legal responsibility for the information contained herein. Any use of the map or information on this map is prohibited except by written permission of the City of Issaquah and King County.

WELCOME TO
Trailhead City

With more than 200 miles of trails, over a dozen trailheads and 1,300 acres of open space in our backyard, it's easy to see why Issaquah is nicknamed Trailhead City.

Centered within the Issaquah Alps — Cougar, Squak and Tiger mountains — our community is a destination for countless outdoor enthusiasts.

Our trail network connects Issaquah to a vast array of public open space that surrounds our community.

We invite you explore some of our favorite outdoor destinations, and find out why our nickname is Trailhead City!

Recognized as one of Outside Magazine's Best Towns, Issaquah offers many opportunities to get outside and explore our natural environment.

Whether you want a family-friendly walk or something to get your blood pumping and your legs burning, try some of our favorite hikes to get acquainted with our outdoor offerings.



Issaquah Parks

| | |
|--------------------------------|------------|
| Black Nugget Park | B5 |
| Central Park | C5 |
| Confluence Park | C-D3 |
| Gibson Park | D3 |
| Grand View Park | B5 |
| Harvey Manning Park at Talus | C2 |
| Meerwood Park | B1 |
| Squak Valley Park | E4 |
| Tibbetts Valley Park | C2 |
| Timberlake Park | A-B1 |
| Tradition Plateau | C4-5, D4-5 |
| Veterans' Memorial Field | D3 |
| ----- | |
| Duthie Hill Mountain Bike Park | A5-6 |
| Lake Sammamish State Park | A2-3, B2-3 |



Favorite Hikes

If you're interested in exploring the trail network in our backyard, check out some favorite hikes in the Issaquah Alps and other destinations throughout our community.



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| Grand Ridge Trails DISTANCE: 7 miles ELEVATION GAIN: 705 feet ACCESS POINTS: Central Park, East Sunset Way, High Point, Issaquah-Preston Trail and West Tiger trailheads | Issaquah-Preston Trail/East Lake Sammamish Trail DISTANCE: 8.9 miles ELEVATION GAIN: 412 feet ACCESS POINTS: High Point Trailhead and Fourth Avenue Northwest near Interstate 90 |
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With trails for hiking, horseback riding and mountain biking, Grand Ridge offers something for everybody. Look for groves of Western red-cedar, with some trees exceeding 5 feet in diameter.



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| Poo Poo Point DISTANCE: 3.8 miles ELEVATION GAIN: 1,760 feet ACCESS POINTS: Chirico, High School and Park Pointe trailheads | Mountain. Named for the logging whistles of Issaquah's past, the grassy clearing is a popular hiking destination and a launching point for paragliders. Accessible from the Park Pointe or Chirico trailheads. To avoid some of the crowds at the Chirico Trailhead, use the High School Trail to access Poo Poo Point. From the paraglider launch area, you can connect to Tradition Lake and various other Tiger Mountain trails. |
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For incredible views of Issaquah, Lake Sammamish and Mount Baker, embark on the journey to Poo Poo Point on West Tiger



Tradition Plateau

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| Adventure Trail DISTANCE: 0.9 mile ELEVATION GAIN: 152 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Adventure Trail, climbing over a small ridge between the High School Trail and Puget Power Road/Trail, was named after the Pine Lake Middle School outdoor club that built it. With 152 feet in elevation gain, it's a little more challenging than some of the other family walking trails.

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| Around the Lake Trail DISTANCE: 0.8 mile ELEVATION GAIN: 41 feet ACCESS POINTS: West Tiger Mountain Trailhead | |
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A portion of the Around the Lake Trail is an accessible trail built to ADA standards. To continue on the ADA trail, connect to the Bus Trail for a complete loop. The gravel trail follows the shoreline of Tradition Lake. Look for interpretive wild animal tracks along the route — raccoons, deer and others.

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| Brink Trail DISTANCE: 0.9 mile ELEVATION GAIN: 28 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Brink Trail, running parallel to the Ruth Kees Big Tree Trail to the north, follows the edge of the Tradition Plateau and provides an occasional view into the Interstate 90 corridor and over to Grand Ridge.

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| Bus Trail DISTANCE: 0.7 mile ELEVATION GAIN: 57 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Bus Trail connects to the Around the Lake Trail and, for about half of its distance, is a gravel trail built to ADA standards. Bus Trail is named for a derelict bus that now rests in the forest. No one knows for sure how it got there!

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| Ruth Kees Big Tree Trail DISTANCE: 0.6 mile ELEVATION GAIN: 39 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Ruth Kees Big Tree Trail connects to Swamp Trail and continues west toward the Issaquah Overlook and Adventure Trail. The Big Tree is one of the largest Douglas fir trees located on Tiger Mountain. A century ago, most of the trees on Tiger Mountain were logged. Note the old tree stumps with notches, which held springboards for the loggers to stand on while sawing trees.



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| Swamp Trail DISTANCE: 0.8 mile ELEVATION GAIN: 59 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Located on the north side of the Puget Power Road/Trail, Swamp Trail starts at the High Point Trailhead. The route is the setting for the family interpretive story, "Zoe and the Swamp Monster," with story and illustrations by a fifth-grade class.

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| Wetlands Trail DISTANCE: 0.8 mile ELEVATION GAIN: 45 feet ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads | |
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Wetlands Trail begins at the Bonneville Power Line/Bus Trail intersection and ends at Puget Power Road/Trail. It winds past Round Lake to a viewing area. Stop, look and listen to mergansers, buffleheads and mallard ducks quietly paddling along the lake. The lake was created from forested wetland in the early 1900s as a part of a homestead and sawmill that was located in this area.

10 Essentials

When you set out to explore the Issaquah Alps, or any trail, remember to fill your backpack with the 10 essentials — important items that could help save your life. Carry these items and know how to use each one!

- 1. Navigation
- 2. Sun protection
- 3. Insulation
- 4. Illumination
- 5. First aid supplies
- 6. Fire
- 7. Repair kit and tools
- 8. Nutrition (extra food)
- 9. Hydration (extra water)
- 10. Emergency shelter

Contact Information

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|--|--------------|
| Emergency | 911 |
| Issaquah Community Center | 425-837-3300 |
| Issaquah Police Department | 425-837-3200 |
| Washington State Parks | 360-902-8844 |
| Washington Department of Natural Resources | 360-902-1000 |
| Washington Department of Fish and Wildlife | 360-902-2200 |
| King County Parks | 206-477-4527 |
| King County Sheriff's Office | 206-296-3311 |
| Regional Animal Services of King County | 206-296-7387 |

Safety Information

- Wildlife Safety**
If you come in close contact with a bear and cougars (though sightings are rare):
- Stay calm and avoid eye contact, which could elicit a charge.
 - Try to stay upwind and identify yourself as a human by standing up, talking and waving your hands above your head.
 - Do not approach the bear, particularly if cubs are present. Give the bear plenty of room.
 - If you cannot safely move away from the bear, try to scare it away by clapping your hands or yelling.
 - If the bear attacks, fight back aggressively. As a last resort, should the attack continue, protect yourself by curling into a ball or lying on the ground on your stomach and playing dead.

Coal Mine Hazards
A relic from our past, abandoned coal mines dot Issaquah's landscape. Always stay on identified trails and do not enter mine shafts.

Map Index

| | |
|-----------------------------|-------|
| Adventure Trail | D4 |
| Around the Lake Trail | D5 |
| Brink Trail | C-D4 |
| Bus Trail | D4-5 |
| East Lake Sammamish Trail | A2-C3 |
| Grand Ridge | A6-D5 |
| Issaquah-Preston Trail | C3-D6 |
| Park Pointe | D-E4 |
| Poo Poo Point | D4-F5 |
| Rainier Trail | C3-E4 |
| Ruth Kees Big Tree Trail | D4 |
| Squak Mountain Access Trail | D-E3 |
| Swamp Trail | D4-5 |
| Wetlands Trail | D4 |

Do you want to expand your travel options, Issaquah?



Learn more at
issaquahwa.gov/
salmonfriendlytrips

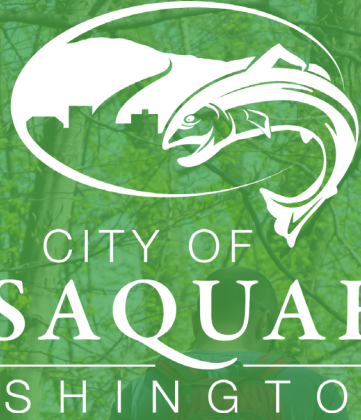


City of Issaquah Parks & Recreation Department
301 Rainier Blvd. S. | 425-837-3300
issaquahwa.gov/parks

Jeff Watling, Director

This map was created by the
City of Issaquah Parks & Recreation Department,
City of Issaquah GIS and the King County GIS Center.

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Issaquah Trails